# NETWORKING AND CAREER MANAGEMENT SKILLS

THE ROLE OF SOCIAL NETWORKING AND SOCIAL MEDIA IN JOB SEEKING AND CAREER DEVELOPMENT

## The Research:

66% of adults in the UK report having a profile on a social networking site - business networking site LinkedIn alone reported 15 million members in 2014. Research has also shown that businesses are increasingly using social media as a cost-effective way to recruit staff and advertise positions.

My research investigates the key **networking** skills and behaviours of the Scottish labour force (SLF), and how these are supported by such social media platforms. This knowledge can then be taught as career management skills.

### The Questions:

- I. What are the key off-line networking skills and behaviours adopted by the SLF to get jobs and progress careers?
- 2. How are these skills and behaviours supported by social media tools?
- 3. How can this knowledge be integrated into career management skills to improve individual employability levels?
- 4. How can networking supported by social media be incorporated into careers guidance to improve service delivery?

# Key Themes:

#### **NETWORKS**

Off-line social networks can be positive for a person's well-being, and help with job search and career development.

#### SOCIAL CAPITAL

The goodwill available to a person through the structure of their network ties - must be mobilized.

#### **NETWORKING**

A goal-directed behaviour which creates, maintains and **mobilizes** interpersonal relationships.

#### SOCIAL MEDIA ADOPTION

Shown to provide a source of bonding, bridged and maintained social capital to the user.



Capital

Social

Networking Behaviours

Social Media Adoption Enhanced Social Capital

# Methodology

#### MULTI METHODS APPROACH

- Quantitative survey to determine the extent and nature of networking supported by social media among the SLF
- Qualitative case studies to determine how knowledge gained can be used to improve guidance services for clients

#### CONTACT DETAILS

Web: www.johnmowbray.org
Twitter: @jmowb\_napier
Email: j.mowbray@napier.ac.uk







